Hi friends at the GFFSC

Its currently Thursday, January 14, 2010. We got here on Tuesday afternoon, and didn't really do much other than just check in to the hotel and get settled. Then yesterday on Wednesday the fun all started.

It started with my first practice at the practice rink a couple of miles away. When you pull up to the rink you look at it and go wow that's a dump...and its cold outside, so I was really dreading going inside this dump of a rink. BUT!, once inside the rink it was actually really nice and looked somewhat remodeled. The first practice went really well, it was empty compared to the second one. Only 4 guys (me and 3 of my competitors) and there were 3 pair teams on it.

The second practice had a lot more people on it. This time it was only Junior and Senior men. There were about 15 of us on there, including Johnny Weir. He was probably the most courteous of all the skaters. The rest of the day we went to the registration and got my pass and they also gave us a box of apples! We also watched some of the Senior Men's official practice, and then went to the airport to pick up Ms. Li.

Today I had a 9:10am practice, so we went to the Spokane Arena. We actually had a pretty good crowd to watch our practice...Which I like. I was in the Junior Men's group B, so second warm up. By the time my group of 6 took the ice, it was REALLY chewed up from the first group. I skated a really good practice and got a good amount of applause.

After that Ms. Li and myself went to the Press Room where we took our draws for the starting order of short program. I was drawn to pick first. So I walked up, and drew... ...11th! Out of the 12 of us I'm skating second to last. That's a good spot especially for short program. So I get to be in the second warm up, and then I will skate AWESOMELY and make it hard for the guy behind me to follow up!

That's my plan.

I'm currently just relaxing at the hotel room, and then I have another practice at 5pm tonight in the Spokane arena. Then its off for a light dinner and bed because we compete at 8:30 tomorrow morning and the 20min warm up is at 5 something a.m.

Well everyone I'll keep you all posted on what's happening. Don't forget to watch live on Icenetwork if you get the chance.

Bye everyone

-Sean Rabbitt